



# Riverside High School Breakfast Menu



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**28** French Toast w/  
Sausage & Syrup

**4** French Toast w/  
Sausage & Syrup

**11** VETERAN'S DAY

**18** French Toast w/  
Sausage & Syrup

**25** French Toast w/  
Sausage & Syrup

**29** Sausage, Egg & Cheese  
on Whole Grain Bun

**5** Sausage, Egg & Cheese  
on Whole Grain Bun

**12** Sausage, Egg & Cheese  
on a Whole Grain Bun

**19** Sausage, Egg & Cheese  
on a Whole Grain Bun

**26** Sausage, Egg & Cheese  
on a whole Grain Bun

**30** French Toast w/  
Sausage & Syrup

**6** French Toast w/  
Sausage & Syrup

**13** French Toast w/  
Sausage & Syrup

**20** French Toast w/  
Sausage & Syrup

**27** French Toast w/  
Sausage & Syrup

**31** Sausage, Egg & Cheese  
on Whole Grain Bun

**7** Sausage, Egg & Cheese  
on Whole Grain Bun

**14** Sausage, Egg & Cheese  
on Whole Grain Bun

**21** Sausage, Egg & Cheese  
On Whole Grain Bun

**28** Happy Thanksgiving

**1** Bacon, Egg & Cheese  
On Whole Grain Bun

**8** Bacon, Egg & Cheese  
On Whole Grain Bun

**15** Bacon, Egg & Cheese  
On Whole Grain Bun

**22** Bacon, Egg & Cheese  
On Whole Grain Bun

**29** No School

### Bakery

### Sandwiches

### Start here! Choose Entrée

### Fruits

### Cereal

**Served Daily!**  
Otis Spunkmeyer Muffins  
Apple Cinnamon  
Blueberry  
Asst. Breakfast Bars  
Maple Mini Pancakes

**Served Daily!**  
Sausage, Egg and Cheese Sandwiches  
Tornados  
**Grab one and get to class!**  
Prices:  
Paid \$1.30  
Reduced \$.30  
Free \$.0

**+ Take 2 ....Any 2**  
Basically if it grows on a tree or vine, you'll see it at some point. Fresh fruits, and juice available daily.  
**+ Grab a Milk**  
Low fat, Low Fat Flavored and Skim available daily

**GOOD FOR YOU**  
Assorted Fresh Fruit  
Apples, Oranges, Bananas  
Assorted Juice  
Apple, Orange, & Grape

Assorted Cereal available daily!  
**Bagels & Yogurt**  
Bagels w/Cream Cheese (plain or Strawberry)  
Assorted Yogurts

